

AUTUMN LUNCH MENU

WEEK 1

WEEK BEGINNING: 2/9, 16/9, 30/9, 14/10

GREENSHAW
LEARNING TRUST

MONDAY

Main Meal 1

Beef Bolognese Pasta

Served with peas and sweetcorn
2,7,13

Main Meal 2

Mac and Cheese

Served with peas and sweetcorn
2,7,13

Desserts

Strawberry Mousse

7

TUESDAY

Main Meal 1

Ham & Cheese Panini

Served with salad and pasta salad
2

Main Meal 2

Veggie Wrap

Served with Salad and pasta salad
2

Desserts

Pear & Chocolate Flapjack

2,7

WEDNESDAY

Main Meal 1

Roast Turkey

Served with Roast Potatoes & Seasonal Vegetables

Main Meal 2

Cauliflower and Broccoli Crumble

Served with Roast Potatoes & Seasonal Vegetables
1,2

Desserts

Apple Crumble with Custard

2,7

THURSDAY

Main Meal 1

Chicken Korma Curry

Served with Vegetable Rice
7

Main Meal 2

Jacket Potato

Served with baked beans or cheese

Desserts

Fruit Cocktail Jelly (VE)

FRIDAY

Main meal 1

MSC Pollock Fish Fingers

Served with chips & beans or peas
▲ 2, 5

Main meal 3

Quorn Nuggets (VE)

Served with chips & beans or peas
▲ 2

Desserts

Selection of Puddings

▲

Main meal 2

Salmon Fish Fingers

Served with chips & beans or
peas
▲ 2, 5

▲ ALLERGEN KEY

1. Celery

2. Gluten

3. Crustaceans

4. Eggs

5. Fish

6. Lupin

7. Milk

8. Molluscs

9. Mustard

10. Peanuts

11. Sesame

12. Soybeans

13. Sulphites

14. Tree nuts

AVAILABLE DAILY

Wholemeal bread, fresh salads, variety of seasonal fresh fruit, yogurts.
PLEASE NOTE THAT ALL OUR DISHES CAN BE ADAPTED TO SUIT THE
MAJORITY OF DIETARY REQUIREMENTS.

Catering provided by Greenshaw Learning Trust. All products are locally sourced wherever possible. All food is cooked fresh on the school site each day.

AUTUMN LUNCH MENU

WEEK 2

WEEK BEGINNING: 9/9, 23/9, 7/10, 21/10

GREENSHAW
LEARNING TRUST

MONDAY

Main Meal 1

Pepperoni Pizza

Served with Salad and Garlic Bread
2,7

Cheese & Tomato Pizza

Served with Salad and Garlic Bread
2,7

Desserts

Chocolate Vanilla Mousse

7

TUESDAY

Main Meal 1

BBQ Chicken

Served with Coleslaw and Cowboy Rice
4

Main meal 2

Vegetarian Sausage

Served with Coleslaw and Cowboy Rice
4

Desserts

Oat & Raisin Cookie

2,7

WEDNESDAY

Main Meal 1

Sausage Roast

Served with Roast Potatoes & Seasonal Vegetables
2

Main meal 2

Cheese and Onion Swirl

Served with Roast Potatoes & Vegetables
2,4,7

Desserts

Carrot Cake

2,4,7 – Milk Free if served with no Frosting

THURSDAY

Main Meal 1

Beef Lasagne

Served with Sweetcorn and Baked Wedges
2,7

Main Meal 2

Roasted Vegetable Lasagne

Served with Sweetcorn and Baked Wedges
2,7

Desserts

Lemon Drizzle Cake

2,4

FRIDAY

Main meal 1

MSC Pollock Fish Fingers

Served with chips & beans or peas
▲ 2, 5

Main meal 3

Falafel Wrap (VE)

Served with chips & beans or peas
▲ 2

Desserts

Selection of Puddings

▲

Main meal 2

Chicken Nuggets

Served with chips & beans or
peas
▲ 2

▲ ALLERGEN KEY

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2. Gluten

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4. Eggs

5. Fish

6. Lupin

7. Milk

8. Molluscs

9. Mustard

10. Peanuts

11. Sesame

12. Soybeans

13. Sulphites

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AVAILABLE DAILY

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PLEASE NOTE THAT ALL OUR DISHES CAN BE ADAPTED TO SUIT THE
MAJORITY OF DIETARY REQUIREMENTS.